

Food for Thought

by Suzy Hopkins

In the U.S.A.

Problem: what to have for breakfast

Not enough milk for cereal or pancakes, muffins are good or frozen waffles, oatmeal, toast with jam

In India

Problem: want a hamburger

Cows are sacred

In Russia

Problem: want an orange

No fresh fruit or green salads

In Peru

Problem: trying to lose weight

Every meal has rice **and** one of the hundreds of kinds of potatoes

In Mali

Problem: want something besides porridge for breakfast

Nothing offered

In Syria

Problem: want something to eat besides bread

No food at all

So, as you can see, our “problem” of breakfast choices is a wonderful problem to have and easy to solve.